

CORONAVIRUS

PREVENT THE SPREAD OF CORONAVIRUS (COVID-19)

Help protect yourself and others by taking these precautions:



WASH HANDS

Wash your hands for at least 20 seconds with soapy water. Or, at a minimum, use an alcohol-based sanitizer, which may be less effective than soap and water.



CLEAN FREQUENTLY

Clean and disinfect frequently touched objects and surfaces such as desks, doorknobs, handrails, etc.



COVER COUGHS & SNEEZES

Cover coughs and sneezes with a tissue. If you don't have a tissue, cough or sneeze into your elbow, not your hands.



AVOID CONTACT

Avoid close contact with anyone who has cold or flu-like symptoms.



AVOID TOUCHING YOUR FACE

Avoid touching your eyes, nose, and mouth.



STAY HOME

Stay home when you are sick, except to get medical care.

Icons from the Noun Project:
Luis Prado (*washing hands*)
Deemak Daksina (*tissue*)
Darri (*cleaning products*)
Susannanova (*handshake*)
Guilherme Furtado (*house*)

STAY SAFE, HEALTHY AND INFORMED! Get the latest Coronavirus (COVID-19) updates and information for your school:

CCD | www.ccd.edu/Coronavirus

CU DENVER | www1.ucdenver.edu/coronavirus

MSU DENVER | www.msudenver.edu/coronavirus-update/

